

# Seventeenth Annual Symposium

# PEDIATRIC

## Endocrinology and Diabetes



Monday, November 12, 2018 • 8:15am to 12:30pm



### *Course Director*

Robert Rapaport, MD

### *Course Co-Director*

Mabel Yau, MD

### **Icahn School of Medicine at Mount Sinai**

The Bonnie M. Davis, MD and Kenneth L. Davis, MD, Auditorium  
Leon and Norma Hess Center for Science and Medicine  
1470 Madison Avenue, 2nd Floor (101st & 102nd Streets), New York, NY

Hall Family Center for Pediatric Endocrinology and Diabetes

Celebrating  
**50**  
years  
1968-2018



**Icahn School  
of Medicine at  
Mount  
Sinai**

*Kravis Children's Hospital*  
Department of Pediatrics

<https://mssm.cloud-cme.com/PedEndo>

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New York, NY

### **PROGRAM DESCRIPTION**

In light of recent advances in the care of transgender youth and youth with diabetes and growth disorders, the Mount Sinai Division of Pediatric Endocrinology and Diabetes seeks to empower a broad array of clinicians to provide the highest level of care to people with diabetes and growth disorders and transgender individuals. Participants will learn about pathophysiology, treatment goals and methods for diabetes and growth disorders, current issues related to the care of transgender youth, and will emerge more confident dealing with diabetes and endocrine challenges.

### **TARGET AUDIENCE**

Pediatricians, family practitioners, scientists, nurse practitioners, physician assistants, diabetes educators, nutritionist, dieticians, social workers, residents, students and others involved in the care of transgender youth and young people with diabetes and growth disorders.

### **GOALS AND OBJECTIVES**

*At the conclusion of the conference, the participants will be able to:*

- Identify the underlying etiologies of growth disorders and understand a systematic approach to hormonal and genetic testing in the subgroup of patients with short stature.
- Recognize clinical evidence based advances in the treatment of type II Diabetes Mellitus.
- Understand the affirmative approach to the health care of transgender children and understand how recommendations have changed in the recent guidelines.

### **FOR CONFERENCE INFORMATION**

email: [cme@mssm.edu](mailto:cme@mssm.edu)  
or call the Office of CME at 212-731-7950

### **ONLINE REGISTRATION**

<https://mssm.cloud-cme.com>

<b>8:15am</b>	<b>Registration &amp; Continental Breakfast</b>
<b>8:45am</b>	<b>Welcome</b> <i>Lisa M. Satlin, MD</i>
<b>8:50am</b>	<b>Introduction</b> <i>Robert Rapaport, MD</i>
<b>9:00am</b>	<b>Type 2 Diabetes in Youth and Cardio-metabolic Risk</b> <i>Lorraine Levitt Katz, MD</i>
<b>9:50am</b>	<b>The GH-IGF-I Axis in the Diagnosis and Treatment of Growth Disorders</b> <i>Martin O. Savage MD</i>
<b>10:40am</b>	<b>Break/Exhibits</b>
<b>11:00am</b>	<b>Transgender Youth: Current Concepts, Management, and Priorities for Research</b> <i>Stephen M. Rosenthal, MD</i>
<b>11:50am</b>	<b>Patient Presentations and Panel Discussion</b>
<b>12:30pm</b>	<b>Adjourn</b>

## COURSE DIRECTOR

**Robert Rapaport, MD**  
Emma Sullivan Professor of Pediatric Endocrinology and Diabetes  
Icahn School of Medicine at Mount Sinai  
Director, Division of Pediatric Endocrinology and Diabetes  
Kravis Children's Hospital at Mount Sinai

## CO-COURSE DIRECTOR

**Mabel Yau, MD**  
Assistant Clinical Professor  
Pediatric Endocrinology and Diabetes  
Icahn School of Medicine at Mount Sinai

## PLANNING COMMITTEE

**Christopher Romero, MD**  
Assistant Clinical Professor  
Pediatric Endocrinology and Diabetes  
Icahn School of Medicine at Mount Sinai

**Elizabeth Wallach, MD**  
Assistant Clinical Professor  
Pediatric Endocrinology and Diabetes  
Icahn School of Medicine at Mount Sinai

**Meredith Wilkes, MD**  
Assistant Clinical Professor  
Pediatric Endocrinology and Diabetes  
Icahn School of Medicine at Mount Sinai

## GUEST FACULTY

**Lorraine Levitt Katz, MD**  
Professor of Pediatrics  
Director, Center for Human Phenomic Science  
Children's Hospital of Philadelphia  
University of Pennsylvania Perelman School of Medicine  
Division of Endocrinology and Diabetes  
Philadelphia, PA

**Stephen M. Rosenthal, MD**  
Professor of Pediatrics  
Division of Pediatric Endocrinology  
Medical Director, Child and Adolescent Gender Center  
University of California, San Francisco  
San Francisco, CA

**Martin O. Savage MD**  
Professor of Paediatric Endocrinology (Emeritus)  
Barts and the London School of Medicine & Dentistry  
London, United Kingdom

# ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI

## Division of Pediatric Endocrinology & Diabetes

### **Course Director**

Robert Rapaport, MD

Anna Aluf, CPNP, CDE

Lauryl Choleva, MD

Jasmine Gujral, MD

Taylor Murphy, CPNP

Christopher Romero, MD

### **Course Co-Director**

Mabel Yau, MD

Swathi Sethuram, MD

Amelia Sherry, RD, CDE

Elizabeth Wallach, MD

Meredith Wilkes, MD

## ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 3.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Verification of attendance** will be provided to all professionals.

## SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact The Page and William Black Post-Graduate School at [cme@mssm.edu](mailto:cme@mssm.edu) or 212-731-7950.

## FACULTY DISCLOSURE

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussion of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

## MEETING LOCATION

**The Bonnie M. Davis, MD, and Kenneth L. Davis, MD, Auditorium  
Leon and Norma Hess Center for Science and Medicine**  
1470 Madison Avenue, 2nd Floor (101st & 102nd Street)  
New York, NY 10029

**Directions:** [www.icahn.mssm.edu/about/visiting](http://www.icahn.mssm.edu/about/visiting)

**Parking:** Available on 99th Street between Madison and Park Avenues.

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**Two Ways to Register**

**Online:** <https://mssm.cloud-cme.com/PedEndo>

**Mail** this form with your check to:

Icahn School of Medicine at Mount Sinai, Attn: CME Office  
The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

Enclosed is my check for \$\_\_\_\_\_ payable to:  
The Page and William Black Post-Graduate School

**Registration Type**

- Practicing Physicians \$60.00
- MSHS Allied Health Professional \$30.00
- Residents\*/Fellows\*/Medical Students\* Complimentary

*\*Complimentary registration must be done online. Please email [cme@mssm.edu](mailto:cme@mssm.edu) with a copy of your hospital ID for verification to receive a complimentary online Registration code.*

Name \_\_\_\_\_  
Last Name, First Name, Degree (MD, DO, RN, etc.)

Institution/Affiliation \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mobile Phone \_\_\_\_\_ Specialty \_\_\_\_\_

Email \_\_\_\_\_

**CANCELLATION POLICY**

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by October 18, 2018. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50. Cancellations after this date are not eligible for a refund.



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